

Fighting Food Insecurity One Meal At A Time

Our mission is to empower children and families to take back control of their food insecurity.



MEALS IN MOTION

ONE MEAL AT A TIME

Over 11 million children, in the United States are food insecure. Food insecurity among children in America is a critical issue that affects the physical, emotional, and educational well-being of millions of young people.

It's our goal to educate, and empower these children and families to take back control

ABC'S TO OUR SUCCESS

ADVOCATING HEALTHY FOOD CHOICES



Our Program Equips Children With The Knowledge And Skills To Make Informed Choices About Their Health And Well-Being.

BUDGETING FOR FOOD SECURITY



Learning How To Budget For Food, Children Can Play A Key Role In Ensuring Their Families Have Access To Nutritious Food Options

CONFIDENCE THROUGH CULINARY



Providing Hands-On Instruction In Home Cooking, We Empower Children To Take Control Of Their Own Health And Well-Being